

1. CONNECTIONS FOR ONWARD TRAVEL TO MKMC WHEN ARRIVING VIA EUROSTAR OR LONDON'S AIRPORTS (HEATHROW, GATWICK, LUTON, STANSTED)

For most connections you will need to use the London Underground. For London Underground fares, maps & latest information, go to the Transport for London website: <http://www.tfl.gov.uk/>

1.1 From London St Pancras (when arriving by Eurostar):

If you are travelling to MKMC via train, we recommend walking from London St Pancras to London Euston: it is one road and takes 10 minutes (total travel time via London Underground is the same). However, directions via London Underground are also below:

Walking from London St Pancras to London Euston (for onward train):

- Walk through the sliding doors from the Eurostar arrivals area, and turn left. Keep walking ahead until you have walked out of the building and are on the Euston Road.
- Turn right
- You will walk past Ossulston Street and Chaston Street on your right. Take the next right, Churchway
- Follow the bend to the left and you will see London Euston ahead of you on the right.

London Underground from London St Pancras to London Euston (for onward train):

- Upon arriving at London St Pancras Rail Station, follow the signs for the London Underground:
 - Follow the signs for the Victoria Line (light blue)
 - Join the Victoria Line Southbound platform
 - Take a Victoria Line train (going towards Brixton) 1 stop to London Euston Station
 - Follow the signs for London Euston Rail Station

London Underground from London St Pancras to Victoria Coach Station (for onward coach):

- Upon arriving at London St Pancras Rail Station, follow the signs for the London Underground:
 - Follow the signs for the Victoria Line (light blue)
 - Join the Victoria Line Southbound platform
 - Take a Victoria Line train (going towards Brixton) 5 stops to Victoria Station
 - Follow the signs for Victoria Coach Station (3 minute walk)

1.2 From London Heathrow Airport:

Heathrow Express to central London for onward coach/train journeys:

- The Heathrow Express train leaves Heathrow Airport every 15 minutes during peak hours, and the journey time to London Paddington Rail Station is 15 minutes non-stop.
- Heathrow Express trains depart from Heathrow Central (for Terminals 1 and 3) and Heathrow Terminal 5. Passengers travelling from Terminal 4 should change on to the free Heathrow Express transfer train to Heathrow Central.
- For train times and tickets, go to the Heathrow Express website: <https://www.heathrowexpress.com/>

London Underground from Paddington to London Euston (for onward train):

- Upon arriving at London Paddington, follow the signs for the London Underground:
 - Follow signs for the Circle/Hammersmith & City Lines (yellow/pink)
 - Join the Eastbound Circle/Hammersmith & City Lines platform
 - Take a Circle or Hammersmith & City Line train 4 stops to Euston Square station
 - Follow the signs for London Euston Rail Station (which is on the other side of the Euston Road)

London Underground from Paddington to Victoria Coach Station (for onward coach):

- Upon arriving at London Paddington, follow the signs for the London Underground:
 - Follow signs for the Circle Line (yellow)
 - Join the Circle Line Southbound platform
 - Take a Circle Line train 6 stops to Victoria Station
 - Follow the signs for Victoria Coach Station (3 minute walk)

Driving to MKMC from London Heathrow Airport:

- Leaving the airport, follow signs for M4
- At the roundabout, take the exit onto M4 towards M25/Gatwick Airport
- Exit at junction 4B, onto the M25. Keep right at the fork, follow signs for M25 N/M40/M1/Oxford/Watford
- Exit at junction 16 onto M40 towards Birmingham.
- Follow directions as per 'From South or West London' above

1.3 From London Gatwick Airport:

Gatwick Express to central London for onward train/coach journeys:

- The Gatwick Express train leaves Gatwick Airport every 15 minutes during peak hours, and the journey time to London Victoria Rail Station is 30 minutes non-stop.
- The Gatwick Express departs from the South Terminal. If you arrive at the North Terminal you can take an inter-terminal transit shuttle which is free, and has a journey time of 2 minutes.
- For train times and tickets, go to the Gatwick Express website: <http://www.gatwickexpress.com/en/>

London Underground from London Victoria to London Euston (for onward train):

- Upon arriving at London Victoria Rail Station, follow the signs for the London Underground:
 - Follow the signs for the Victoria Line (light blue)
 - Join the Victoria Line Northbound platform
 - Take a Victoria Line train (going towards Walthamstow Central/Seven Sisters) 4 stops to London Euston Station
 - Follow the signs for London Euston Rail Station

Walking from London Victoria to Victoria Coach Station (for onward coach):

- Upon arriving at London Victoria Rail Station, follow the signs for Victoria Coach Station (3 minute walk)

Driving to MKMC from London Gatwick Airport:

- Leaving the airport, follow signs for M23
- At the roundabout, take the 1st exit onto the M23 towards M25/London/Dartford/Heathrow Airport
- Exit at junction 8 onto M25 towards M4/M1
- Exit at junction 16 onto M40 towards Birmingham.
- Follow directions as per 'From South or West London' above

1.4 From London Luton Airport:

Rail to Central London for onward coach/train journeys:

- A shuttle bus service operates every 10 minutes to and from the airport terminal building to Luton Airport Parkway Station, and takes approximately 10 minutes.
- Trains from Luton Airport Parkway Station go to London St Pancras, and the journey time is approximately 25 minutes.
- For shuttle bus & train times & tickets go to the airport website: <http://www.london-luton.co.uk/en/content/2/1202/by-rail.html>

If you are travelling to MKMC via train, we recommend walking from London St Pancras to London Euston: it is one road and takes 10 minutes (total travel time via London Underground is the same). However, directions via London Underground are also below:

Walking from London St Pancras to London Euston (for onward train):

- Exit from the front of London St Pancras station onto the Euston Road.
- Turn right
- You will walk past Ossulston Street and Chaston Street on your right. Take the next right, Churchway
- Follow the bend to the left and you will see London Euston ahead of you on the right.

London Underground from London St Pancras to London Euston (for onward train):

- Upon arriving at London St Pancras Rail Station, follow the signs for the London Underground:
 - Follow the signs for the Victoria Line (light blue)
 - Join the Victoria Line Southbound platform
 - Take a Victoria Line train (going towards Brixton) 1 stop to London Euston Station
 - Follow the signs for London Euston Rail Station

London Underground from London St Pancras to Victoria Coach Station (for onward coach):

- Upon arriving at London St Pancras Rail Station, follow the signs for the London Underground:
 - Follow the signs for the Victoria Line (light blue)
 - Join the Victoria Line Southbound platform
 - Take a Victoria Line train (going towards Brixton) 5 stops to Victoria Station
 - Follow the signs for Victoria Coach Station (3 minute walk)

Driving to MKMC from London Luton Airport:

- Leaving the airport, follow signs for M1
- At the roundabout, take the 1st exit onto the M1 towards The North
- Follow directions as per 'From North or East London' above

1.5 From London Stansted Airport:

Rail to central London for onward coach/train journeys:

- Stansted Airport rail station is directly below the terminal building.
- The Stansted Express runs between Stansted Airport Rail Station and London Liverpool Street, departing every 15 minutes with a journey time of approximately 46 minutes.
- For train times & tickets go to the Stansted Express website: <https://www.stanstedexpress.com/>

London Underground from London Liverpool Street to London Euston (for onward train):

- Upon arriving at London Liverpool Street Rail Station, follow the signs for the London Underground:
 - Follow the signs for the Circle/Metropolitan/Hammersmith & City Lines (yellow/maroon/pink)
 - Join the Westbound Circle/Metropolitan/Hammersmith & City Lines platform
 - Take a Circle, Metropolitan or Hammersmith & City Line train 5 stops to London Euston Square Station
 - Follow the signs for London Euston Rail Station (which is on the other side of the Euston Road)

London Underground from London Liverpool Street to Victoria Coach Station (for onward coach):

- Upon arriving at London Liverpool Street Rail Station, follow the signs for the London Underground:
 - Follow the signs for the Circle/Metropolitan/Hammersmith & City Lines (yellow/maroon/pink)
 - Join the Westbound platform
 - Take a Circle, Metropolitan or Hammersmith & City Line train 4 stops to Kings Cross St Pancras Station
 - At Kings Cross St Pancras Station, follow the signs for the Victoria Line (light blue)
 - Join the Victoria Line Southbound platform
 - Take a Victoria Line train (going towards Brixton) 5 stops to Victoria Station
 - Follow the signs for Victoria Coach Station (3 minute walk)

Coach to Central London for onward coach/train journeys:

- Stansted Airport's coach station is opposite the main terminal entrance.
- Coaches run between Stansted Airport and Victoria Coach Station (for direct connection for onward coach journeys), and London Victoria rail station / London Liverpool Street rail station / Baker Street (for onward train journeys)
- For coach times & tickets go to Stansted Airport's website: <http://www.stanstedairport.com/transport-and-directions/buses-and-coaches#CoachestoLondon>
- If you are travelling to MKMC via coach from Victoria Coach Station, no further transfers are required.
- Alternatively, if you are travelling to MKMC by train, directions from the 3 London coach termini are below:

London Underground from London Victoria to London Euston (for onward train):

- Upon arriving at London Victoria Rail Station, follow the signs for the London Underground:
 - Follow the signs for the Victoria Line (light blue)
 - Join the Victoria Line Northbound platform
 - Take a Victoria Line train (going towards Walthamstow Central/Seven Sisters) 4 stops to London Euston Station
 - Follow the signs for London Euston Rail Station

London Underground from London Liverpool Street to London Euston (for onward train):

- Upon arriving at London Liverpool Street Rail Station, follow the signs for the London Underground:
 - Follow the signs for the Circle/Metropolitan/Hammersmith & City Lines (yellow/maroon/pink)
 - Join the Westbound platform
 - Take a Circle, Metropolitan or Hammersmith & City Line train 5 stops to London Euston Square Station
 - Follow the signs for London Euston Rail Station (which is on the other side of the Euston Road)

Bus from Baker Street to London Euston (for onward train):

- A bus from Baker Street to London Euston Rail Station takes approximately 10 minutes
- Upon arriving at Baker Street:
 - Walk to Stop 'D' on the north side of the Marylebone Road (immediately outside Baker Street London Underground Station)
 - Take the Route Bus 18 from Stop 'D' towards Euston Station, or Route Bus 30 from Stop 'D' towards Hackney Wick

Driving to MKMC from London Stansted Airport:

- Leaving the airport, follow signs for M11
- At the roundabout, take the 4th exit onto the M11 towards Cambridge/Newmarket
- At the end of M11, merge onto A14
- At junction 23, take the A14/A141 ramp to The Midlands/M1(N)/M6/Kettering/Corby/March
- At the roundabout, take the 1st exit onto A14
- Merge onto M6 towards Birmingham/Coventry
- Exit at junction 36. Follow signs for A590 Barrow.
- In Ulverston go straight on at first roundabout, take second left onto A5087 Coast Road – signed Bardsea, 'Coastal route to Barrow'. The centre is two miles on left.