

DIRECTIONS TO MKMC FROM CENTRAL LONDON

Trains from central London:

- Trains to MKMC leave from London Euston Rail Station (EUS)
- The nearest station to MKMC is Ulverston (ULV)
- The train journey takes approximately 3.5 hours and requires a minimum of 1 change
- For train times & tickets, we recommend the following website:
<http://www.thetrainline.com/>

Coaches from central London:

- Coaches to MKMC leave from London Victoria Coach Station
- The nearest coach stop to MKMC is Ulverston (ULV)
- The coach journey takes approximately 9 hours.
- For coach times & tickets, go to the National Express website:
<http://www.nationalexpress.com/home.aspx>

Driving from central London:

Driving from central London to MKMC takes approximately 5 hours.

From South or West London:

- Join the A40(M) and continue onto M40.
- At junction 3A, exit onto M42 towards M1/M6/Birmingham (E, N & C)/Solihull/N.E.C. Airport.
- At junction 7, exit onto M6(N) to Birmingham (C&N)
- Exit at junction 36. Follow signs for A590 Barrow.
- In Ulverston go straight on at first roundabout, take second left onto A5087 Coast Road – signed Bardsea, ‘Coastal route to Barrow’. The centre is two miles on left.

From North or East London:

- Join the M1 at Brent Cross (junction 1).
- At junction 19, exit onto M6 (signs for Coventry/Birmingham)
- Exit at junction 36. Follow signs for A590 Barrow.
- In Ulverston go straight on at first roundabout, take second left onto A5087 Coast Road – signed Bardsea, ‘Coastal route to Barrow’. The centre is two miles on left.

If you have a Sat Nav, enter the postcode: LA12 9QQ

Or, follow the link to find directions from your own starting point: <http://maps.google.co.uk/>