1. CONNECTIONS FOR ONWARD TRAVEL TO MKMC WHEN ARRIVING VIA EUROSTAR OR LONDON’S AIRPORTS (HEATHROW, GATWICK, LUTON, STANSTED)


1.1 From London St Pancras (when arriving by Eurostar):
If you are travelling to MKMC via train, we recommend walking from London St Pancras to London Euston: it is one road and takes 10 minutes (total travel time via London Underground is the same). However, directions via London Underground are also below:

**Walking from London St Pancras to London Euston (for onward train):**
- Walk through the sliding doors from the Eurostar arrivals area, and turn left. Keep walking ahead until you have walked out of the building and are on the Euston Road.
- Turn right
- You will walk past Ossulston Street and Chaston Street on your right. Take the next right, Churchway
- Follow the bend to the left and you will see London Euston ahead of you on the right.

**London Underground from London St Pancras to London Euston (for onward train):**
- Upon arriving at London St Pancras Rail Station, follow the signs for the London Underground:
  - Follow the signs for the Victoria Line (light blue)
  - Join the Victoria Line Southbound platform
  - Take a Victoria Line train (going towards Brixton) 1 stop to London Euston Station
  - Follow the signs for London Euston Rail Station

**London Underground from London St Pancras to Victoria Coach Station (for onward coach):**
- Upon arriving at London St Pancras Rail Station, follow the signs for the London Underground:
  - Follow the signs for the Victoria Line (light blue)
  - Join the Victoria Line Southbound platform
  - Take a Victoria Line train (going towards Brixton) 5 stops to Victoria Station
  - Follow the signs for Victoria Coach Station (3 minute walk)

1.2 From London Heathrow Airport:

**Heathrow Express to central London for onward coach/train journeys:**
- The Heathrow Express train leaves Heathrow Airport every 15 minutes during peak hours, and the journey time to London Paddington Rail Station is 15 minutes non-stop.
- Heathrow Express trains depart from Heathrow Central (for Terminals 1 and 3) and Heathrow Terminal 5. Passengers travelling from Terminal 4 should change on to the free Heathrow Express transfer train to Heathrow Central.
- For train times and tickets, go to the Heathrow Express website: [https://www.heathrowexpress.com/](https://www.heathrowexpress.com/)

**London Underground from Paddington to London Euston (for onward train):**
- Upon arriving at London Paddington, follow the signs for the London Underground:
  - Follow signs for the Circle/Hammersmith & City Lines (yellow/pink)
  - Join the Eastbound Circle/Hammersmith & City Lines platform
  - Take a Circle or Hammersmith & City Line train 4 stops to Euston Square station
  - Follow the signs for London Euston Rail Station (which is on the other side of the Euston Road)

**London Underground from Paddington to Victoria Coach Station (for onward coach):**
- Upon arriving at London Paddington, follow the signs for the London Underground:
  - Follow signs for the Circle Line (yellow)
  - Join the Circle Line Southbound platform
  - Take a Circle Line train 6 stops to Victoria Station
  - Follow the signs for Victoria Coach Station (3 minute walk)
Driving to MKMC from London Heathrow Airport:
- Leaving the airport, follow signs for M4
- At the roundabout, take the exit onto M4 towards M25/Gatwick Airport
- Exit at junction 4B, onto the M25. Keep right at the fork, follow signs for M25 N/M40/M1/Oxford/Watford
- Exit at junction 16 onto M40 towards Birmingham.
- Follow directions as per ‘From South or West London’ above

1.3 From London Gatwick Airport:

Gatwick Express to central London for onward train/coach journeys:
- The Gatwick Express train leaves Gatwick Airport every 15 minutes during peak hours, and the journey time to London Victoria Rail Station is 30 minutes non-stop.
- The Gatwick Express departs from the South Terminal. If you arrive at the North Terminal you can take an inter-terminal transit shuttle which is free, and has a journey time of 2 minutes.
- For train times and tickets, go to the Gatwick Express website: http://www.gatwickexpress.com/en/

London Underground from London Victoria to London Euston (for onward train):
- Upon arriving at London Victoria Rail Station, follow the signs for the London Underground:
  - Follow the signs for the Victoria Line (light blue)
  - Join the Victoria Line Northbound platform
  - Take a Victoria Line train (going towards Walthamstow Central/Seven Sisters) 4 stops to London Euston Station
  - Follow the signs for London Euston Rail Station

Walking from London Victoria to Victoria Coach Station (for onward coach):
- Upon arriving at London Victoria Rail Station, follow the signs for Victoria Coach Station (3 minute walk)

Driving to MKMC from London Gatwick Airport:
- Leaving the airport, follow signs for M23
- At the roundabout, take the 1st exit onto the M23 towards M25/London/Dartford/Heathrow Airport
- Exit at junction 8 onto M25 towards M4/M1
- Exit at junction 16 onto M40 towards Birmingham.
- Follow directions as per ‘From South or West London’ above

1.4 From London Luton Airport:

Rail to Central London for onward coach/train journeys:
- A shuttle bus service operates every 10 minutes to and from the airport terminal building to Luton Airport Parkway Station, and takes approximately 10 minutes.
- Trains from Luton Airport Parkway Station go to London St Pancras, and the journey time is approximately 25 minutes.
- For shuttle bus & train times & tickets go to the airport website: http://www.london-luton.co.uk/en/content/2/1202/by-rail.html

If you are travelling to MKMC via train, we recommend walking from London St Pancras to London Euston: it is one road and takes 10 minutes (total travel time via London Underground is the same). However, directions via London Underground are also below:

Walking from London St Pancras to London Euston (for onward train):
- Exit from the front of London St Pancras station onto the Euston Road.
- Turn right
- You will walk past Ossulston Street and Chaston Street on your right. Take the next right, Churchway
- Follow the bend to the left and you will see London Euston ahead of you on the right.

London Underground from London St Pancras to London Euston (for onward train):

Upon arriving at London St Pancras Rail Station, follow the signs for the London Underground:
  o Follow the signs for the Victoria Line (light blue)
  o Join the Victoria Line Southbound platform
  o Take a Victoria Line train (going towards Brixton) 1 stop to London Euston Station
  o Follow the signs for London Euston Rail Station

**London Underground from London St Pancras to Victoria Coach Station (for onward coach):**
Upon arriving at London St Pancras Rail Station, follow the signs for the London Underground:
  o Follow the signs for the Victoria Line (light blue)
  o Join the Victoria Line Southbound platform
  o Take a Victoria Line train (going towards Brixton) 5 stops to Victoria Station
  o Follow the signs for Victoria Coach Station (3 minute walk)

**Driving to MKMC from London Luton Airport:**
- Leaving the airport, follow signs for M1
- At the roundabout, take the 1st exit onto the M1 towards The North
- Follow directions as per ‘From North or East London’ above

1.5 **From London Stansted Airport:**

**Rail to central London for onward coach/train journeys:**
- Stansted Airport rail station is directly below the terminal building.
- The Stansted Express runs between Stansted Airport Rail Station and London Liverpool Street, departing every 15 minutes with a journey time of approximately 46 minutes.
- For train times & tickets go to the Stansted Express website: https://www.stanstedexpress.com/

**London Underground from London Liverpool Street to London Euston (for onward train):**
Upon arriving at London Liverpool Street Rail Station, follow the signs for the London Underground:
  o Follow the signs for the Circle/Metropolitan/Hammersmith & City Lines (yellow/maroon/pink)
  o Join the Westbound Circle/Metropolitan/Hammersmith & City Lines platform
  o Take a Circle, Metropolitan or Hammersmith & City Line train 5 stops to London Euston Square Station
  o Follow the signs for London Euston Rail Station (which is on the other side of the Euston Road)

**London Underground from London Liverpool Street to Victoria Coach Station (for onward coach):**
Upon arriving at London Liverpool Street Rail Station, follow the signs for the London Underground:
  o Follow the signs for the Circle/Metropolitan/Hammersmith & City Lines (yellow/maroon/pink)
  o Join the Westbound platform
  o Take a Circle, Metropolitan or Hammersmith & City Line train 4 stops to Kings Cross St Pancras Station
  o At Kings Cross St Pancras Station, follow the signs for the Victoria Line (light blue)
  o Join the Victoria Line Southbound platform
  o Take a Victoria Line train (going towards Brixton) 5 stops to Victoria Station
  o Follow the signs for Victoria Coach Station (3 minute walk)

**Coach to Central London for onward coach/train journeys:**
- Stansted Airport’s coach station is opposite the main terminal entrance.
- Coaches run between Stansted Airport and Victoria Coach Station (for direct connection for onward coach journeys), and London Victoria rail station / London Liverpool Street rail station / Baker Street (for onward train journeys)
- For coach times & tickets go to Stansted Airport’s website: http://www.stanstedairport.com/transport-and-directions/buses-and-coaches#CoachesToLondon
- If you are travelling to MKMC via coach from Victoria Coach Station, no further transfers are required.
- Alternatively, if you are travelling to MKMC by train, directions from the 3 London coach termini are below:

**London Underground from London Victoria to London Euston (for onward train):**
Upon arriving at London Victoria Rail Station, follow the signs for the London Underground:
  - Follow the signs for the Victoria Line (light blue)
  - Join the Victoria Line Northbound platform
  - Take a Victoria Line train (going towards Walthamstow Central/Seven Sisters) 4 stops to London Euston Station
  - Follow the signs for London Euston Rail Station

**London Underground from London Liverpool Street to London Euston (for onward train):**

Upon arriving at London Liverpool Street Rail Station, follow the signs for the London Underground:
  - Follow the signs for the Circle/Metropolitan/Hammersmith & City Lines (yellow/maroon/pink)
  - Join the Westbound platform
  - Take a Circle, Metropolitan or Hammersmith & City Line train 5 stops to London Euston Square Station
  - Follow the signs for London Euston Rail Station (which is on the other side of the Euston Road)

**Bus from Baker Street to London Euston (for onward train):**

A bus from Baker Street to London Euston Rail Station takes approximately 10 minutes

Upon arriving at Baker Street:
  - Walk to Stop ‘D’ on the north side of the Marylebone Road (immediately outside Baker Street London Underground Station)
  - Take the Route Bus 18 from Stop ‘D’ towards Euston Station, or Route Bus 30 from Stop ‘D’ towards Hackney Wick

**Driving to MKMC from London Stansted Airport:**

- Leaving the airport, follow signs for M11
- At the roundabout, take the 4th exit onto the M11 towards Cambridge/Newmarket
- At the end of M11, merge onto A14
- At junction 23, take the A14/A141 ramp to The Midlands/M1(N)/M6/Kettering/Corby/March
- At the roundabout, take the 1st exit onto A14
- Merge onto M6 towards Birmingham/Coventry
- Exit at junction 36. Follow signs for A590 Barrow.
- In Ulverston go straight on at first roundabout, take second left onto A5087 Coast Road – signed Bardsea, ‘Coastal route to Barrow’. The centre is two miles on left.